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A Word From

macoa.org

@macoamealsonwheels

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334-263-0532

Donna Marietta
Chief Executive Officer



I am proud to announce that in June, with the support of the Board of Directors, donors and staff, MACOA began another Meals On Wheels route serving 12 more seniors! When we make a decision to reduce the waiting list and expand the number of seniors we serve, we realize that we are increasing the financial cost of our Meals On Wheels program for this year as well as years to come. When we begin a Meals on Wheels route, we are promising our clients and the future clients in that area that MACOA will sustain the support as long as it is needed. Along with a new route comes the need to recruit more volunteers both to deliver the routes and to assist in packaging the meals as a part of the MACOA Meal Makers program. Our newest route, The Golden Route, named in honor of our 50 Years of Service, is located south of the Southern by-pass off Narrow Lane Road where we had the largest number of seniors on our waiting list. We have been fortunate to have some new volunteers commit to ensuring our mission continues, but we still need more volunteers. **Please consider spending about one hour of your time to deliver a route once a week, or whenever you can.** Each day MACOA has 36 routes being delivered to serve 428 clients all over the Montgomery community. They depend on us to help them stay healthy and remain in their homes. The friendly daily visits also remind our homebound seniors they are not forgotten.

MACOA's Frozen Meals Program has also expanded, and we now have over 175 clients who receive frozen meals, and an additional 95 Meals on Wheels clients who receive two weekend meals on Fridays. My sincere thanks and appreciation to the Board members and staff at MACOA for their dedication to our mission and determination to move forward with the help of our donors and partners in our community. As we continue to celebrate MACOA's 50th Anniversary, I am reminded of the words of Margaret Mead, "Never doubt that a small group of thoughtful, committed citizens can change the world, indeed, it's the only thing that ever has."

A Word From

Andrea McCain
Chair, Board of Directors



MACOA's 50th Anniversary Year has certainly been a celebration so far! In the last few months, MACOA has hosted several fundraising events that have brought supporters together for our mission. The 28th annual Culinary Caper in April was wonderful with over 300 in attendance. Our 21st annual Swinging Fore Seniors Golf Classic in May was in such demand we expanded to two courses with a record number of 38 teams playing in the tournament. In June we celebrated 14 seniors and 3 friends of MACOA at our 33rd Annual Seniors of Achievement luncheon. Over the years, MACOA has recognized close to 400 seniors for their dedicated service and achievements in the community.

In 1972, our Meals on Wheels program began with providing meals to 15 seniors in the community. Today, we are providing 428 seniors with hot nutritious meals on a daily basis. Over 4.5 million meals have been delivered during the past 50 years.

These achievements would not be possible without the commitment and dedication of our 26 team members under the leadership of Chief Executive Officer, Donna Marietta, as well as our Board of Directors, volunteers, and donors. As we reflect back, I am appreciative to the Board who play such an important role in guiding the efforts of our organization. Over the past 50 years, more than 200 community leaders have faithfully served on our Board of Directors.

With your ongoing support, MACOA can continue to make a difference in the lives of our seniors for the next 50 years.

MACOA Board of Directors 2021-2022

Officers of the Board

- Andrea McCain, Chair
- Roy McAuley, Vice-Chair
- Willis Teel, Secretary-Treasurer
- Jason Gardner, Immediate Past Chair

Zenobia Blackmon	Lewis Gillis	Kris Stallworth
Angela Bradwell	John Marshall	Aimee Steineker
Cathy Caddell	Nikita McClain	Sherry Weeks
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Angela Crosby	Lazette Moody	Sherry White
Cassandra Crosby	Gary Oos	Rev. Richard Williams
Gen. Trent Edwards	Sheron Rose	Tammy Zhang
Robert Froese	Paul Scott	

Ex-Officio Members

Dottie Blair	Barbara Duke	Sue Groce
Pete Knight	Sarah Spear	Sieu Tang Wood



Ways To Partner With MACOA!

1. Refer a senior in need to be a client
2. Serve as a Meals on Wheels Driver
3. Become a Route Partner
4. Sponsor a Meals on Wheels Routes
5. Serve as a route substitute driver
6. Serve as a MACOA Meal Maker
7. Play in MACOA's annual Golf Tournament
8. Sponsor MACOA's annual Golf Tournament
9. Sponsor a Pet Food Drive
10. Donate Pet Food
11. Bag Pet Food
12. Participate in MARCH FOR MEALS
13. Attend MACOA's annual Culinary Caper Event
14. Sponsor MACOA's annual Culinary Caper Event
15. Donate an auction item for MACOA's Culinary Caper Event
16. Attend the Seniors of Achievement Luncheon
17. Nominate a senior for Seniors of Achievement
18. Sponsor for the Seniors of Achievement Luncheon
19. Donate to MACOA's annual Holiday Bags Program
20. Deliver annual Holiday Bags to local seniors
21. Become a MACOA East Senior Center Member
22. Sponsor a luncheon for MACOA East
23. Follow MACOA on FACEBOOK and INSTAGRAM
24. Donate to the Senior Pledge Campaign
25. Ask friends to donate to the Senior Pledge Campaign
26. Donate in memory or in honor of someone
27. Volunteer at fundraisers
28. Donate to our Frozen Meals Program
29. Bag frozen meals
30. Deliver bi-weekly frozen meals
31. Reserve the Archibald Center for a special event
32. Support Thanksgiving and Christmas meals
33. Invite MACOA staff to be a guest speaker
34. Bake cakes for Meals on Wheels clients birthdays
35. Make birthday cards for Meals on Wheels clients
36. Shop Amazon Smile and choose MACOA
37. Send Holiday/Christmas Cards through MACOA
38. Join the Retired and Senior Volunteer Program (RSVP)
39. Provide RSVP companionship to homebound seniors
40. Provide RSVP transportation to homebound seniors
41. Support RSVP in five surrounding counties
42. Volunteer at MACOA's Welcome Center
43. Volunteer in MACOA's Administrative Department
44. Become a monthly, quarterly, yearly donor
45. Donate plastic t-shirt bags
46. Sew lap quilts for seniors
47. Crochet, knit or loom hats for seniors
48. Donate adult sanitary supplies
49. Provide home repair for seniors
50. BE OUR AMBASSADOR!



MACOA DIRECTORY

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The 28th Annual Culinary Caper

A sold-out event of over 300 guests, family, friends, and volunteers gathered for a festive afternoon in support of MACOA and *Meals on Wheels* on Sunday, April 10th at the Alabama Activity Center. Montgomery's best chefs, caterers, and food professionals again prepared and shared their gourmet dishes for all to enjoy, all were coordinated by Al Steineker, owner of *The King's Table Catering*. Mark Bullock of WSFA 12 News served as the event host and guests enjoyed the entertainment of Brian Brantley throughout the afternoon, kicked off by an invocation from Reverend Richard Williams of Metropolitan United Methodist Church. A special thanks to *What's Poppin* by Ashley for the balloon displays, centerpieces, and the "50" sign that added a festive atmosphere to the event.

In addition to the in-person luncheon, supporters bid on 150 items in the Online Auction held April 8 - 10, 2022. Some of the items featured in the auction included culinary experiences, travel, art, and more! Guests also participated in a raffle to win \$1,000 worth of gift cards to local restaurants. A new feature of this year's event was a Wine Pull where guests purchased a wine cork and then went home with a wine bottle, some valued at over \$200! MACOA recognized the 2021 winners of the Rick Heinzman Memorial Meals on Wheels Award the Beta Nu Omega Chapter of the Alpha Kappa Alpha Sorority, Inc. ALFA Insurance was also recognized as our 2022 award recipient. The event was made possible by the Culinary Caper Committee, chaired by Aimee Steineker and Jim Weinstock, along with other members including Dottie Blair, Angela Bradwell, Cathy Caddell, Angela Crosby, Amy Dennis, Barbara Duke, Deborah Manasco, Jason Manasco, Donna Marietta, Andrea McCain, Paul Scott, Hazel Waites.



Thank you to all chefs, volunteer servers, entertainers, online auction contributors, raffle contributors, the Board, community, and staff who helped make the Culinary Caper charity benefit a success for seniors! Thanks to all of the support, MACOA raised over \$106,000 to support the vital programs and services offered to seniors in Central Alabama!



THANK YOU TO OUR SPONSORS

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WSFA



MACOA's 21st Annual Swinging Fore Seniors GOLF CLASSIC



MACOA's Golf Classic held on Wednesday, May 18, 2022 at Robert Trent Jones (RTJ) Golf Trail in Prattville, AL was the biggest and best classic yet with simultaneous play on two courses with over 150 players! UBS Financial Services (Longleaf Wealth Management Group) once again served as the **Title Sponsor** of the tournament, generously supporting our seniors with a gift of \$15,000. With the support of UBS, event sponsors, team and tee sponsors, and other generous donors, the Committee is pleased to share that over \$65,000 was raised through this amazing event!

This year the tournament featured new sponsorship opportunities, but benefited from the continued support of existing partners. **The Presenting Sponsors** were Gray Television and The Eleanor & J. Hunter Flack Foundation. Our **Hole in One Sponsor** was Vision Insurance Group, LLC. The **Prize Sponsor** was the Retirement Systems of Alabama (RSA), facilitated by Dr. David G. Bronner who provided desired prize packages of three days and two-night stays at resorts throughout the state of Alabama. The **Lunch Sponsor** was Auburn University Montgomery. Adams Drugs served as **Glove Sponsor**, Guardian Credit Union as **Cart Sponsor**, and Humana as **Beverage Sponsor**.

Thirty-eight teams participated in the classic, which included the following **Team Sponsors**: ASE Credit Union, Ball, Ball, Matthews & Novak, P.A., Caddell Construction, Carr Riggs & Ingram, Crosby Electric, Cumulus Radio Station Group, Frazer Church, Goodwyn, Mills & Cawood, INC., J.P. Millwork, Jack Ingram Motors, Retirement Systems of Alabama, Strategas Securities, LLC, Spire Energy, and Viva Health, Inc. There were also generous Tee Sponsors from throughout the River Region.

The **Golf Tournament Committee** included Bob Froese and Pete Knight (Committee Co-Chairs), Andrea McCain, Nikita McClain, Sheron Rose, Paul Scott, Willis Teel, Sherry Weeks, Mike Vinson and MACOA staff members Donna Marietta, Amy Dennis, and Hazel Waites. All players received a MACOA golf glove donated by Adams Drugs and were entered in a drawing to receive an array of door prizes. Thank you to each of the sponsors, players, door prize contributors, volunteers, Board and staff members, RTJ staff, and supporters for making the tournament a success all to ensure MACOA continues providing vital services to seniors through the Meals on Wheels Program.

NEW MACOA WEBSITE

MACOA has updated our website
and there are many new and
exciting things to see. Check it out!



www.macoa.org

Search



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HYUNDAI HELPS OUR MISSION ROLL ON....



Hyundai Motor Manufacturing Alabama (HMMA) is a longtime supporter of MACOA and Meals on Wheels. Their commitment to our organization ensures we are able to continue to provide services and programs to seniors in Central Alabama. They donate funds annually to sustain the “Hyundai” Meals on Wheels Route. This generosity supports our seniors through helping them stay healthy, and independent in their homes.



In addition to their financial contribution, Hyundai spends their Employee Service Day at MACOA each year packing food for our Meals on Wheels program as well as delivering meals. To the left are photos from the most recent service day. MACOA is proud to have Hyundai as a committed partner in our efforts to alleviate senior hunger and isolation in our community.



MACOA recognized Hyundai Motor Manufacturing Alabama as the 2021 Recipient of the Mary Katherine Archibald Blount Special Friend of MACOA Award at the Seniors of Achievement Awards Luncheon in June. Pictured here is Robert Burns from Hyundai accepting the award alongside Andrea McCain, MACOA Chair of the Board.

Client Spotlight



Ms. Mary McNeil is a 74 years old native of Montgomery, Alabama. Ms. McNeil is a former housekeeper and has been a Meals on Wheels recipient since 2009.

She thinks highly of Meals on Wheels drivers and says “It feels like a visit from family when the drivers come to deliver my meals...I look forward to their visit every day.” Her experience with Meals On Wheels volunteers is positive. At one point, Ms. McNeil and her mother, also named Mary, both received hot meals from MACOA.

For her, every small gesture makes a difference. Receiving meals every weekday has helped her remain in the comfort of her home and, as she remarked, “It just feels good to be in your own space.”

Overall, she says Meals on Wheels is “a helpful program with very nice people. God put them in my life to help me. I’m so grateful for all of them.”



“The volunteers and staff have such love in their hearts. God put them in my life to help me.”

MACOA Celebrates Mothers and Fathers



The MACOA Quilting Group meets twice a month to make quilts for the Meals on Wheels clients, which are then distributed throughout the year to mark special occasions such as Mother's and Father's Day. These gestures aim to show gratitude for the care our seniors have shown others throughout their lives.

There are 4 - 8 members of the MACOA Quilting Group and each quilt is handmade with donated fabric.

If you would like to join the quilting group or donate fabric please contact MACOA.

Seniors of Achievement Awards

The 33rd Annual Seniors of Achievement Awards Ceremony took place on Thursday, June 9 at the Montgomery Country Club. This year's ceremony was back in person after three years and the nomination committee had an amazing group of applications from 2020, 2021, and 2022 to consider. MACOA honored 14 distinguished seniors who have made a profound impact on their communities, with their friends, family, and other attendees.

Our master of ceremonies, Ellis Eskew of Alabama News Network, recognized each of the award recipients. Rev. Richard Williams of Metropolitan United Methodist Church provided the invocation. Photography was provided by David Rose Photography and Paul Roberson Photography. The flower arrangements were provided by Bloom. Thank you to our Presenting Sponsor Blue Cross Blue Shield of Alabama, and a special thanks to Wells Printing and Charlie's Trophies.



2022 Seniors of Achievement and Friends of MACOA Recipients

The 2022 Seniors of Achievement recipients are Warren Barrow, Melanie Beasley, Gerald "Bubba" Boone, Jesse Harvey Clark, Jim and Sue Crabtree, Wiley Cutts, Dr. James E. "Skip" Dotherow, Jeanne Leighton Drummond, Gayle Corley Humphrey, Reverend Ben A. McDavid, Dianne Perrett, Belyn J. Richardson, Helen Taylor, and Dr. Jay Leon Wolf. MACOA also awarded the Mary Katherine Archibald Blount Special Friend of MACOA Award to Caddell Construction (2020), Hyundai Motor Manufacturing of Alabama (2021), and Adams Drugs (2022).

Read a full description of each of our recipients on the MACOA website: www.macoa.org



SUPPORT MACOA & DONATE TO THE SENIOR PLEDGE CAMPAIGN

The Annual Senior Pledge Campaign helps to support MACOA, Meals on Wheels, and each of the programs and services offered to achieve our mission to keep seniors healthy, happy, and with dignity living independently in their own homes. Contact MACOA today if you are interested in making your pledge by calling **334-263-0532** or visiting our website: www.macoa.org/senior-pledge-campaign

Subaru: Sharing the Love with a Community Garden



Subaru USA is a nationwide partner of Meals on Wheels America with its "Share The Love" campaign. Subaru is the largest automotive donor to Meals on Wheels and has helped deliver over 2.5 million meals to seniors around the country. MACOA benefits from this outstanding relationship with Montgomery Subaru as they partner with us to serve local seniors. This year, Montgomery Subaru created a community garden in partnership with MACOA. This garden will provide fresh produce for MACOA seniors. We are happy to have Montgomery Subaru as a treasured partner in our fight to end hunger and isolation in our senior community.



VOLUNTEER RECOGNITION



Top: Route Partners Alpha Kappa Alpha Sorority Inc- Beta Nu Omega Chapter; Center L: Volunteer Heather Wock and MACOA Board Member Aimee Steineker; Bottom L: Cookies given to MACOA volunteers during National Volunteer Week

MACOA would not function without the volunteers who make a difference in senior's lives. Those who volunteer for MACOA provide a value of more than \$500,000 in services to our organization.

"Volunteering as a driver for Meals on Wheels is such an incredible opportunity and I am honored to help my hometown community." ~ Heather Wock, Meals on Wheels volunteer

In April, MACOA held an appreciation lunch for our hardworking volunteers! This is a way to recognize the efforts of volunteers. We are grateful for the time and effort each volunteer gives to help seniors in Central Alabama!

Thank You!



Honorariums and Memorials

January 1 - May 31, 2022

In Honor Of Melanie Beasley

Given by: Mr. and Mrs. Tom and Karen Sellers

In Honor Of Cathy Caddell

Given by: Mr. and Mrs. Kyle and Judith Kyser, Sr.

In Honor Of Dorothy Cameron

Given by: Mr. and Mrs. Hugh and Susan Ewing III

In Honor Of Kitty Coleman

Given by: Mrs. Dorothy Cameron

In Honor Of Joe Espy

Given by: Mr. Daryl Bailey

In Honor Of Phyllis Fenn

Given by: Jack Durham

In Honor Of Faye Hughes

Given by: Dr. and Mrs. Mac and Douglass Porter

In Honor Of Mary Helen Mahan

Given by: Mrs. Dorothy Cameron

In Honor Of Rev. Ben McDavid

Given by: Mr. and Mrs. Alfred and Aimee Steineker

In Honor Of Joan McLeod

Given by: Ms. Dawn Campbell

In Honor Of Janet McQueen

Given by: Mrs. Dorothy Cameron

In Honor Of Derek Parrish

Given by: Mrs. Dorothy Cameron

In Honor Of Opal Dean Ramson

Given by: Cinema Worx

In Honor Of Larry Smith

Given by: Mr. and Mrs. Joseph and Susan Finklestein

In Honor Of Helen Taylor

Given by: Mr. and Mrs. David and Alicia Robertson

In Honor Of Helen Taylor

Given by: Ms. Jin Ha Shin

In Honor Of Helen Taylor

Given by: So Loved Silver Stuff, LLC

In Honor Of Janet Waller

Given by: Central Alabama Community Foundation

In Honor Of Jay Wolf

Given by: Montgomery Baptist Association

In Honor Of Sieu Tang Wood

Given by: Ms. Mae Cohen

In Honor Of Sieu Tang Wood

Given by: Mr. and Mrs. Brian and Rosemary Elebash

In Memory Of Jill Brandly

Given by: Ms. Lucienne Wood

In Memory Of Luther Arnold "Toney" Bryan

Given by: Ms. Barbara Britton

In Memory Of Luther Arnold "Toney" Bryan

Given by: Dr. and Mrs. Jackie Bushman

In Memory Of Luther Arnold "Toney" Bryan

Given by: Bonita Heartsill

In Memory Of Luther Arnold "Toney" Bryan

Given by: Mr. Brett Huckabee

In Memory Of Luther Arnold "Toney" Bryan

Given by: Ms. Mary Jane Knight

In Memory Of Luther Arnold "Toney" Bryan

Given by: Ms. Leah Winston

In Memory Of Morris Burkett

Given by: Ms. Betty Meyer

In Memory Of Vonceil Burkett

Given by: Ms. Betty Meyer

In Memory Of Lucy Camp

Given by: Mr. and Mrs. Bill and Pamela Goodwin

In Memory Of Rosa Crear

Given by: Ms. Barbara Yelder

In Memory Of Mike Cronin

Given by: Mr. and Mrs. Bill and Pamela Goodwin

In Memory Of Alfred Dantzler

Given by: Mr. and Mrs. Bill and Pamela Goodwin

In Memory Of John and Nancy Durham

Given by: Jack Durham

In Memory Of Evelyn Elliot

Given by: Joshua Elliot

In Memory Of Kathryn Jones Goray

Given by: Mrs. Dorothy Cameron

In Memory Of Mike Cronin

Given by: Mr. and Mrs. Bill and Pamela Goodwin

In Memory Of Mr. and Mrs. Cliff Giddens

Given by: Ms. Brenda Dudley

In Memory Of Jerome Gordon

Given by: Mr. and Mrs. Bill and Pamela Goodwin

In Memory Of Mary "Bonnie" Ashley Harris

Given by: Ms. Virginia Gilbert

In Memory Of Phil Van Houten

Given by: Joshua Elliot

In Memory Of Leila Jackson

Given by: Mr. and Mrs. Bill and Pamela Goodwin

In Memory Of Mrs. Sharon Katz

Given by: Mr. and Mrs. Frank and Stacey Stakely

In Memory Of Christopher Kershaw

Given by: Mr. and Mrs. Bill and Pamela Goodwin

In Memory Of Thomas H. Norris

Given by: Mr. and Mrs. John and Beverly Beam

In Memory Of Joan Simpson

Given by: Mrs. Judy Bryan

In Memory Of Mr. and Mrs. Wilson and Elnora Waters

Given by: Ms. Brenda Dudley

In Memory Of Adolph "Bucks" Weil, Jr.

Given by: Dr. Laurie Weil



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Friday 8:00 am-12:00 pm

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The Golden Route



**On June 1, 2022, MACOA began delivering its
36th Meals on Wheels Route!**

**The "Golden Route" is in honor of
MACOA's 50th Anniversary.**

Since 1972, MACOA has been providing service and support to Seniors in the Montgomery community to help keep them healthy, happy, and living with dignity in their own home.

**Help us to keep serving seniors in Central AL
for 50 more years!**